Weekly Checklist For House Cleaning And Other Weekly Chores

by Household Management 101.com

Bathrooms

☐ Check supplies, such as cleaning supplies and toiletries, to restock or replace if needed
☐ Change towels (some people do this more often than once a week)
☐ Clean toilet, sink, tub, shower stall walls, toothbrush holders, and mirror
☐ Mop floors
☐ Empty trash cans
☐ Wipe down any spills or splatters on the bathroom garbage cans

Kitchen

☐ Check supplies, such as cleaning supplies to restock or replace if needed
☐ Clean out refrigerator/freezer of old food
☐ Wipe down and clean all kitchen surfaces, including countertops, stove and other appliances, sink, outside of refrigerator, and kitchen table
☐ Mop floor (if you have small children or a large household you may need to at least spot clean your kitchen floor more frequently)
☐ Empty trash cans (will most likely need to do this more frequently in the kitchen than just once a week)
☐ Wipe down any spills or splatters on the kitchen garbage can and/or recycling bins
☐ Flush kitchen drain with boiling water

Bedrooms

☐ Clean floors by vacuuming, sweeping, or damp-mopping
☐ Empty trash cans
☐ Change bed linens (some people like to do this more frequently, such as twice a week)
☐ Dust

Laundry Room

☐ Check supplies, such as laundry supplies to restock or replace if needed
☐ Clean floor by vacuuming, sweeping, or damp-mopping
☐ Empty trash can
☐ Dust (especially to get all lint that has gathered on things from the dryer)
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Home Office

☐ Check supplies, such as office supplies to restock or replace if needed
☐ Empty trash can
☐ Clean floor by vacuuming, sweeping, or damp-mopping
☐ Dust
☐ Pay bills
☐ File paid bills and other paperwork

Other Rooms

☐ Clean floors by vacuuming, sweeping, or damp-mopping
☐ Empty trash cans
☐ Dust

Other Weekly Chores

☐ Menu planning
☐ Create grocery list
☐ Create non-food shopping list
☐ Couponing for week
☐ Weekly shopping for food and non-food items
☐ Odd jobs

Additional Chores

☐ ___________________________________________________________

☐ ___________________________________________________________

☐ ___________________________________________________________

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