

Weekly Checklist For House Cleaning And Other Weekly Chores

by Household Management 101.com

Bathrooms

- Check supplies, such as cleaning supplies and toiletries, to restock or replace if needed
- Change towels (some people do this more often than once a week)
- Clean toilet, sink, tub, shower stall walls, toothbrush holders, and mirror
- Mop floors
- Empty trash cans
- Wipe down any spills or splatters on the bathroom garbage cans

Kitchen

- Check supplies, such as cleaning supplies to restock or replace if needed
- Clean out refrigerator/freezer of old food
- Wipe down and clean all kitchen surfaces, including countertops, stove and other appliances, sink, outside of refrigerator, and kitchen table
- Mop floor (if you have small children or a large household you may need to at least spot clean your kitchen floor more frequently)
- Empty trash cans (will most likely need to do this more frequently in the kitchen than just once a week)
- Wipe down any spills or splatters on the kitchen garbage can and/or recycling bins
- Flush kitchen drain with boiling water

Bedrooms

- Clean floors by vacuuming, sweeping, or damp-mopping
- Empty trash cans
- Change bed linens (some people like to do this more frequently, such as twice a week)
- Dust

Laundry Room

- Check supplies, such as laundry supplies to restock or replace if needed
- Clean floor by vacuuming, sweeping, or damp-mopping
- Empty trash can
- Dust (especially to get all lint that has gathered on things from the dryer)

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Home Office

- Check supplies, such as office supplies to restock or replace if needed
- Empty trash can
- Clean floor by vacuuming, sweeping, or damp-mopping
- Dust
- Pay bills
- File paid bills and other paperwork

Other Rooms

- Clean floors by vacuuming, sweeping, or damp-mopping
- Empty trash cans
- Dust

Other Weekly Chores

- Menu planning
- Create grocery list
- Create non-food shopping list
- Couponing for week
- Weekly shopping for food and non-food items
- Odd jobs
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Additional Chores
