

Seasonal Food Calendar Chart

{When Produce In Season}

Spring: March, April and May

- Artichokes
- Asparagus
- Beets
- Blackberries
- Celery
- Green Onions
- Kale
- Lettuce (all varieties)
- Mangoes
- Peppers (all varieties)
- Rhubarb
- Spinach
- Strawberries
- Sweet Peas
- Swiss Chard
- Turnips

Summer: May, June, July and August

- Artichokes
- Blackberries
- Black Eyed Peas
- Blueberries
- Broccoli
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Cherries
- Corn

Summer {continued}

- Cucumber
- Figs
- Garlic
- Grapes
- Green Beans
- Greens (Turnip, Collard, Mustard)
- Honeydew Melon
- Lettuce (all varieties)
- Mangoes
- Nectarines
- Okra
- Onions
- Oranges
- Papaya
- Peaches
- Peppers (all varieties)
- Pineapple (in some areas)
- Plums
- Potatoes
- Purple Hull Peas
- Raspberries
- Spaghetti Squash
- Strawberries
- Summer Squash
- Sweet Potatoes
- Tomato
- Watermelon
- Zucchini

Get More Household Checklists & Printables From [Household Management 101](http://www.household-management-101.com)

<http://www.household-management-101.com>

Copyright 2015 All Rights Reserved

Seasonal Food Calendar Chart

{When Produce In Season}

Fall: August, September, October and November

- Acorn Squash
- Apples
- Beets
- Broccoli
- Butternut Squash
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Eggplant
- Fennel
- Greens (Turnip, Collard, Mustard)
- Kale
- Leeks
- Onions
- Pears
- Plums
- Potatoes
- Pumpkins
- Spaghetti Squash
- Sweet Potatoes
- Turnips

Winter: November, December, January, February and March

- Acorn Squash
- Apples
- Brussels Sprouts
- Butternut Squash
- Cabbage
- Carrots
- Celery
- Greens (Turnip, Collard, Mustard)
- Leeks
- Onions
- Pears
- Potatoes
- Pumpkins
- Sweet Potatoes

Get More Household Checklists & Printables From [Household Management 101](http://www.household-management-101.com)

<http://www.household-management-101.com>

Copyright 2015 All Rights Reserved