Kitchen Cleaning Checklist

By Household-Management-101.com

Daily

☐ Clean up dishes, pots and pans after each meal
☐ Run dishwasher as needed (and empty when clean)
☐ Wipe down kitchen counters, table and stove top
☐ Empty trash can
☐ Sweep floor
☐ Change out kitchen towels
☐ Wipe up spills as they occur

Weekly

☐ Clean out refrigerator and freezer of older food
☐ Mop kitchen floor
☐ Check cleaning supplies, and restock as necessary
☐ Flush kitchen drain with boiling water
☐ Disinfect kitchen counters and other food work surfaces
☐ Take out out recycling

Monthly

☐ Clean coffee maker
☐ Clean dishwasher, inside and out
☐ Clean oven (may need to do less often, depending on the amount of use)
☐ Clean kitchen sink drain with vinegar and baking soda drain cleaner
☐ Clean inside of refrigerator
☐ Clean garbage can
☐ Clean microwave
☐ Wipe outside of kitchen appliances
☐ Wipe down areas that accumulate cooking grease with a degreaser
☐ Wash kitchen rugs
☐ Dust light fixtures
☐ Make sure pest control methods working and are properly supplied
☐ Update pantry and freezer inventories
☐ Straighten cabinets and drawers