Diaper Bag Checklist
Don’t Leave Home Without It!

By Household-Management-101.com

☐ Diapers (number depends on length of outing)
☐ Travel pack of wipes
☐ Changing pad
☐ Diaper creams and ointments, if any
☐ Plastic grocery bag, or other leak proof bag
☐ Extra clothing for baby, including shirt, pants and socks
☐ Hat for baby
☐ Several burp cloths or spit cloths
☐ Travel pack of facial tissues
☐ Hand sanitizer
☐ Baby sunblock
☐ Bibs
☐ Blankets
☐ Food for your children (including siblings) (amount and type depends on length of outing and age of baby and children)
☐ Baby bottles (with caps over nipples) and formula
☐ Spill proof sippy cup
☐ Small toys and books (including quiet ones)
☐ Pacifiers (bring extra) in plastic bags or containers
☐ Small first aid kit
☐ Medications your baby will need while you are out
☐ Cell phone and list of important phone numbers

Optional:

☐ Extra clothing for you if your baby spits up or messes a lot
☐ Camera

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