

Diaper Bag Checklist

Don't Leave Home Without It!

By Household-Management-101.com

- Diapers (number depends on length of outing)
- Travel pack of wipes
- Changing pad
- Diaper creams and ointments, if any
- Plastic grocery bag, or other leak proof bag
- Extra clothing for baby, including shirt, pants and socks
- Hat for baby
- Several burp cloths or spit cloths
- Travel pack of facial tissues
- Hand sanitizer
- Baby sunblock
- Bibs
- Blankets
- Food for your children (including siblings) (amount and type depends on length of outing and age of baby and children)
- Baby bottles (with caps over nipples) and formula
- Spill proof sippy cup
- Small toys and books (including quiet ones)
- Pacifiers (bring extra) in plastic bags or containers
- Small first aid kit
- Medications your baby will need while you are out
- Cell phone and list of important phone numbers

Optional:

- Extra clothing for you if your baby spits up or messes a lot
- Camera